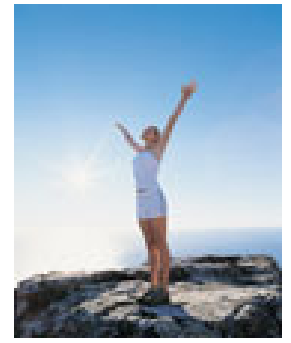




# Inspirational Cooking Classes

## Dead Sexy, Life Friendly Food



International Health & Wellbeing Expert,  
celebrity chef & nutritionist  
**Sherry Strong**

**Learn about organics, slow food,  
good fast food, real food, food of  
integrity and food that feeds the  
palate, body and soul.**



### Imagine a having a body to 'live for' without dieting...

Sherry's cooking classes are a mix of sassy straight talk that challenges current beliefs in what is healthy food. Sherry's back ground is as a chef, nutritionist and a former out of control food addict who was once twice her present size. She is now an 'in control, food addict' who loves sharing the secrets to eating the food you'll love and still be healthy.

- Learn how to cook meals that are seriously delicious that make you feel good while you are eating, after and the next day.
- How to prepare and eat truly delicious food everyday without guilt.



**Where:** Queen Victoria Market Cooking School  
69 Victoria St, Melbourne

**When:** April 24th  
7:00pm registration 7:30 to 9:30pm

**Cost:** \$95 includes generous tastings of dishes,  
recipes, glass of wine, shopping tips and  
food lovers gift.

TAX INVOICE/RECEIPT

**Questions & Bookings call Sherry on 0412 098 992 sherry@sherrystrong.com**

Yes please book me \_\_\_\_\_ seats at the early bird rate of \$95 each

Yes please book me \_\_\_\_\_ seats with a pre-ordered copy of Sherry's Natures Principle book at \$120 each

Early bird number # \_\_\_\_\_ office use only

Total (inc GST): \_\_\_\_\_

**Method of Payment**

Name \_\_\_\_\_

Visa

MasterCard

Cheque

Address \_\_\_\_\_

Credit Card Number \_\_\_\_\_

Expiry Date \_\_\_\_\_

Phone \_\_\_\_\_

Name on Card \_\_\_\_\_

Email \_\_\_\_\_

Signature \_\_\_\_\_

**For more information and testimonials check out [www.sherrystrong.com](http://www.sherrystrong.com)**